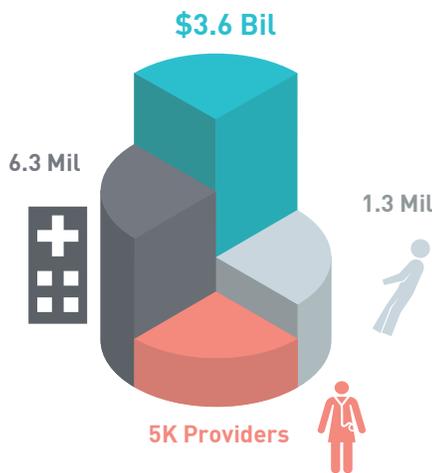




- Falls are the leading cause of injury-related emergency department visits, hospitalizations and deaths for Ohioans age 65 and older.
- Even more alarming, many of the doctors' offices in Ohio are not conducting the Fall Risk Assessments.

WHAT IS STEADI?

Falls are *not* a normal part of aging. There are specific things that you, as their health care provider, can do to reduce the risk of falling among older adults. The **Stopping Elderly Accidents, Deaths & Injuries (STEADI)** initiative seeks to prevent falls by increasing the number healthcare providers that provide Falls Risk Assessments. **The STEADI Tool Kit** is a suite of materials created by CDC's Injury Center for health care providers. It is a resource based on a simple algorithm adapted from the American and British Geriatric Societies' Clinical Practice Guideline.



If 5,000 health care providers adopted STEADI, as many as:

6.3 Million more patients could be screened

1.3 Million more falls could be prevented

\$3.6 Billion more in direct medical costs could be saved

Make STEADI Part of Your Medical Practice

STEADI's tools and educational materials will help you to:

- Identify patients at low, moderate, and high risk for a fall;
- Identify modifiable risk factors; and
- Offer effective interventions. It includes basic information about falls, case studies, conversation starters, and standardized gait and balance assessment tests.

There are also educational handouts about fall prevention specifically designed for patients and their friends and family.

For more information, visit the Ohio Department of Health:
<http://www.healthy.ohio.gov/vipp/falls/STEADI.aspx>

This document is intended for informational purposes only and is not considered part of the official STEADI Tool Kit. It does not reflect the views of the US Centers for Disease Control and Prevention



Algorithm for Fall Risk Assessment & Interventions

