

Seriously... I need to sleep in my crib alone!

In Ohio, 3 healthy infants die
each week while sleeping.



Follow the **ABCs** of Safe Sleep...



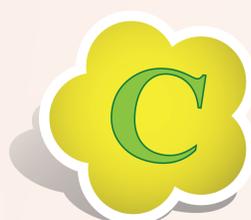
Alone

Always put me in my crib alone.
I should not sleep in your bed or
have anyone else in mine.



Back

Always put me on my back to
sleep – at night or even when I'm
just napping.



Crib

Always make sure the only thing
on my firm mattress is a fitted sheet.
No blankets. No stuffed animals.
No bumpers pads or pillows.

Share these tips with everyone who cares for me.

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