



Ohio

Department of Health

Friday, December 18, 2014
10:00 a.m. – 3:00 p.m.

Youth Sports Concussion and Head Injury Return to Play Guidelines Committee

246 N. High Street, Columbus
8th Floor Conference Room

MINUTES

At 10:00 a.m. Chairman Hodges called the meeting to order and began by thanking everyone in the audience for attending and participating.

All Committee members were present.

Richard Hodges, Director of Health (present)
Andrew N. Russman, D.O (present)
Kim G. Rothermel, M.D. (present)
Brian S. Wilson, D.C. (present)
William A. Ramsey, D.C. (present)
Eric D. Griffin, D.C. (present)
Jason P. Daporé, D.O (present)

Chairman Hodges called for approval of the meeting minutes of November 7, 2014

- Meeting minutes approved

Chairman Hodges moved to witness testimony:

- **Matt Jones, Clinical Nurse Manager for Emergency Department at Grant Medical**, on behalf of a registered nurse licensed under O.R.C Chapter 4723, who actively practices emergency nursing and is actively involved in emergency medical services, provided testimony;
- **Jeffrey Rosa, Executive Director for the Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers (OTPTAT) Board**, provided testimony;
- **Brian Burger, BSN, RN, CCRN**, on behalf of a registered nurse licensed under O.R.C Chapter 4723, who actively practices emergency nursing and is actively involved in emergency medical services, provided testimony;
- **Kenneth Blood, East Muskingum Local Schools Board of Education**, representing a school district board of education, provided testimony;

- **Ronald Ross, Ph.D., Executive Director, Ohio Board of Psychology**, provided testimony;
- **Dr. Mark Korchok, Diplomate of the American Chiropractic Board of Sports Physicians**, provided testimony;
- **Tom Dilling, Ohio Board of Nursing**, provided testimony;
- **Greg Palkowski, Ohio State Chiropractic Board**, provided testimony.

Dr. Andrew Wapner shared a flow chart (decision tree) regarding the Committee's charge which walked through the following steps and decision points:

- Head injury occurs during practice or competition
- Signs, symptoms consistent with TBI at time of injury
- Child removed from play
- Observation for new symptoms
- Acute care needed
- Evaluation in emergency room
- Healthcare professional follow-up
- Concussion diagnosed
- Child allowed to return to play with form signed by diagnosing provider
- Management plan developed and implemented
- Child successfully completes management plan
- Child allowed to return to play with form signed by treating provider
 - Physician
 - LHCP in coordination with physician
 - LHCP with additional training (Committee to define)
- Child referred for continued care
- Child managed by specialized care team

Dr. Wapner gave a brief overview of the CDC's Heads Up Online Training Course for Clinicians.

ODH General Counsel Lance Himes reviewed Ohio's return-to-play law and also shared return-to-play guidelines from Massachusetts and Pennsylvania. (These laws and the Decision Tree can be found on the ODH website at <http://www.healthy.ohio.gov/vipp/concussion.aspx>)

Chairman Hodges shared a list of questions for the Committee's consideration:

1. What are/should be the guidelines for *consultation and coordination* with a physician?
2. Is there a best practice for the diagnosis and treatment of concussions in young athletes? Is there a best practice for return-to-play clearance that should be adopted as guidelines by the committee?

3. Who are the Licensed Health Care Professionals (LHCPs) (other than physicians) who can meet these standards of care?
4. Are there additional trainings/certifications that LHCPs (other than physicians) can have to meet these standards of care?
5. Should all or some licensed physicians have additional training in this standard of care?

After a lengthy discussion between members, Chairman Hodges reminded the Committee of their charge to develop guidelines. Chairman Hodges stated that the Committee would now recess and he asked each member to give careful consideration over the break to the questions that have been posed and be prepared to discuss in more detail at the next meeting.

We need to focus on:

- Education
- Prompt removal
- Return to play

Robert Jennings informed everyone that the agenda, minutes and testimony are now available on the ODH website at:

<http://www.healthy.ohio.gov/vipp/Ohio%20Youth%20Sports%20Concussion%20and%20Head%20Injury%20Guidelines%20Committee.aspx>

The Committee agreed the next meeting will be Friday, January 16, 2015, 12:00 p.m. – 3:00 p.m. *(The meeting time was later amended to begin at 9:00 a.m. and to conclude by 12:30 p.m.).*

Meeting adjourned @ 2:10 pm