

2014 Lorain County Creating Healthy Communities Interventions

Healthy Eating

Community

- Lorain County CHC will host a farm market training for vendors and market managers.
- CHC will promote a Healthy Beverage Campaign in Lorain County as part of a statewide campaign.
- A healthy small retail initiative will be launched with partner businesses.
- Wellington farmers' market will pilot a produce perks program.
- At a local pantry nutrition guidelines established will be established, nutritional analysis of foods offered, and nutritional value of foods distributed will be improved. Cooking demonstration classes will be conducted to support efforts.

School

- A food service conference will be held for both food service directors and staff.
- The CHC program will work with local early childcare education centers to revise and implement policies that impact nutrition and/or physical activity behaviors in students such as menu improvements and outdoor play. The Ohio Healthy Program trainings will be used to provide the centers with Step Up to Quality Measures.

Active Living

School

- CHC will work with school officials to implement a shared use agreement to enhance opportunities for community members for increased physical activity.
- Implementation of the Safe Routes to School non-infrastructure grant will be done including a walk to school day.

Tobacco Free Living

School

- Implementation and enforcement of the tobacco-free policy at the Joint Vocational School will be prioritized for the CHC Coalition.
- Movement will continue towards adoption of a tobacco-free policy for Oberlin College Campus.

Worksite

- Lorain County will partner with a worksite to implement a tobacco-free policy.

Contact information

Project Coordinator- Marilyn Hill
Lorain County General Health District
Elyria, OH
440-322-6367
www.loraincountyhealth.com