What the Federal Government and States Are Doing to Prevent Childhood Obesity: Policy, Environment, and Systems Change

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Overview of Efforts to Control Obesity

Problem definition

Strategy development

- Targets
- Strategies: policy and environmental change

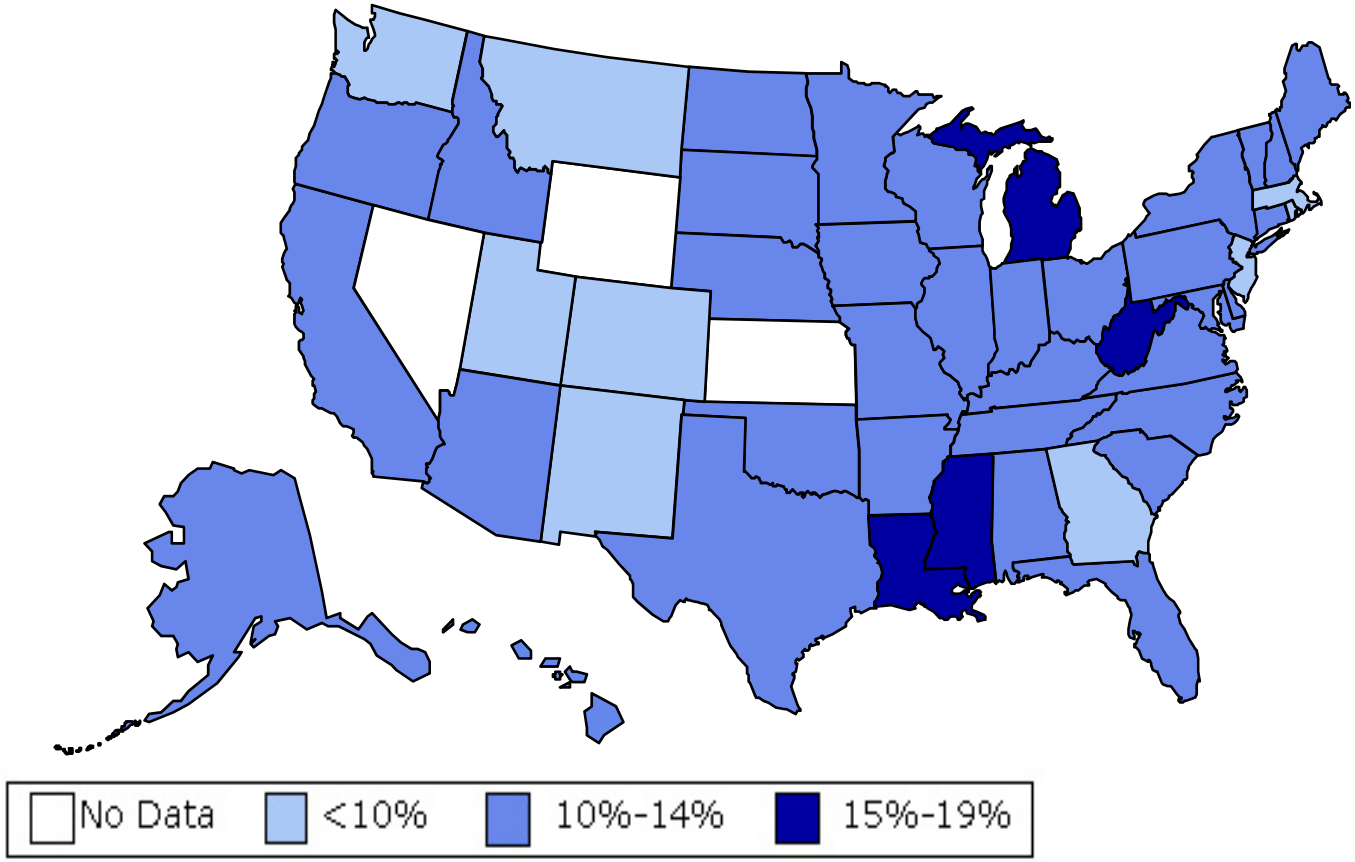
Implementation

- Multi-sectoral
- Evaluation

Social movements

Obesity Trends* Among U.S. Adults

BRFSS, 1991



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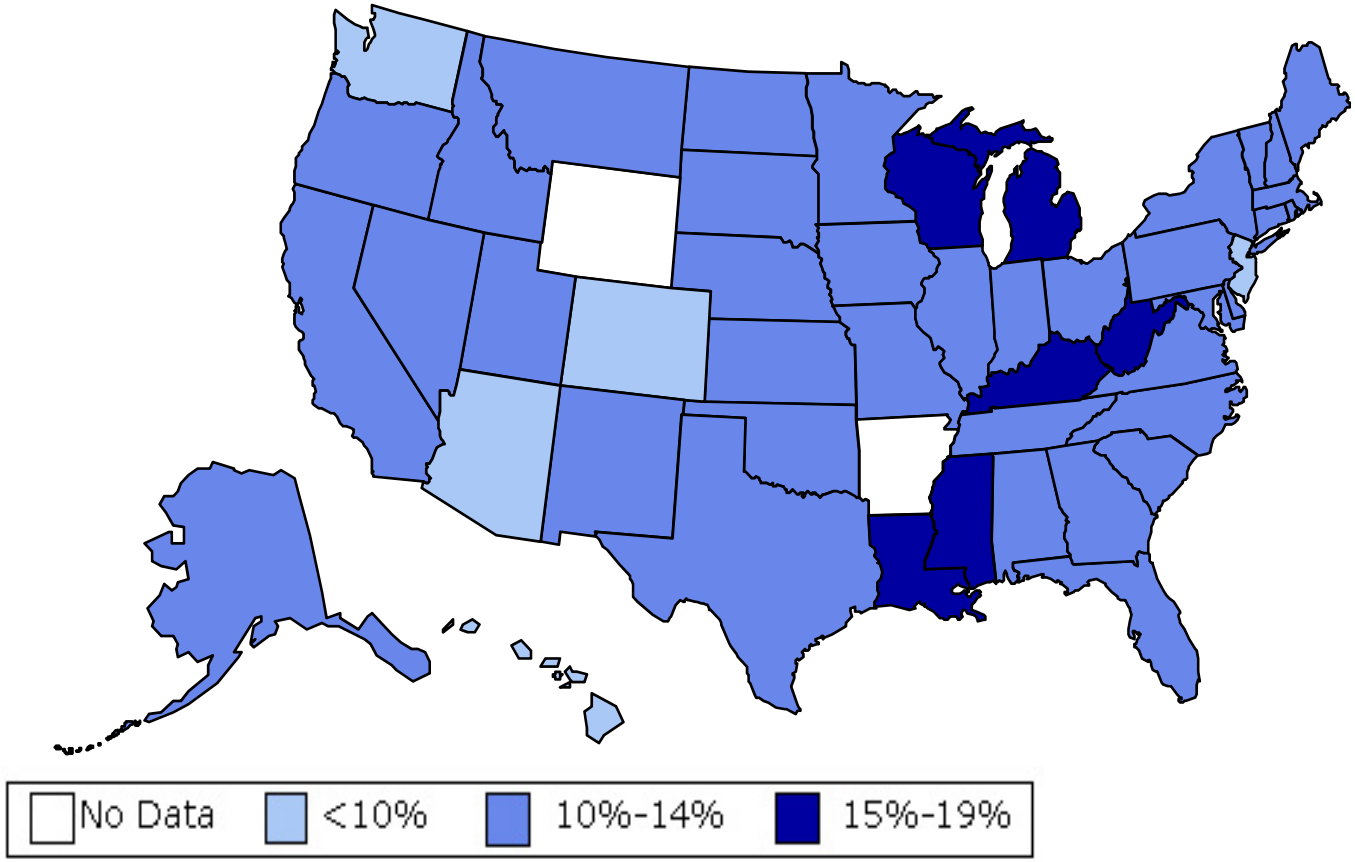
BRFSS, 1992



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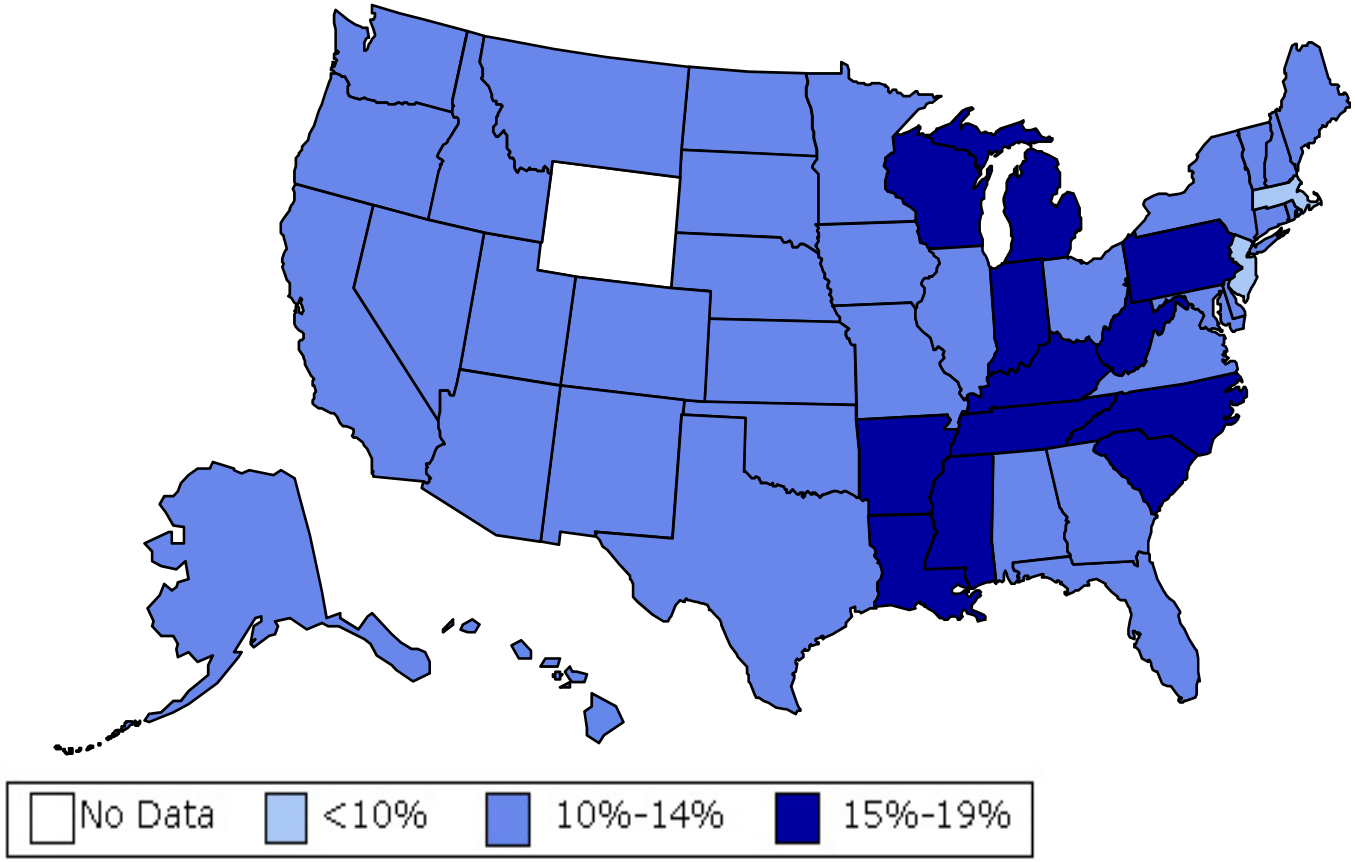

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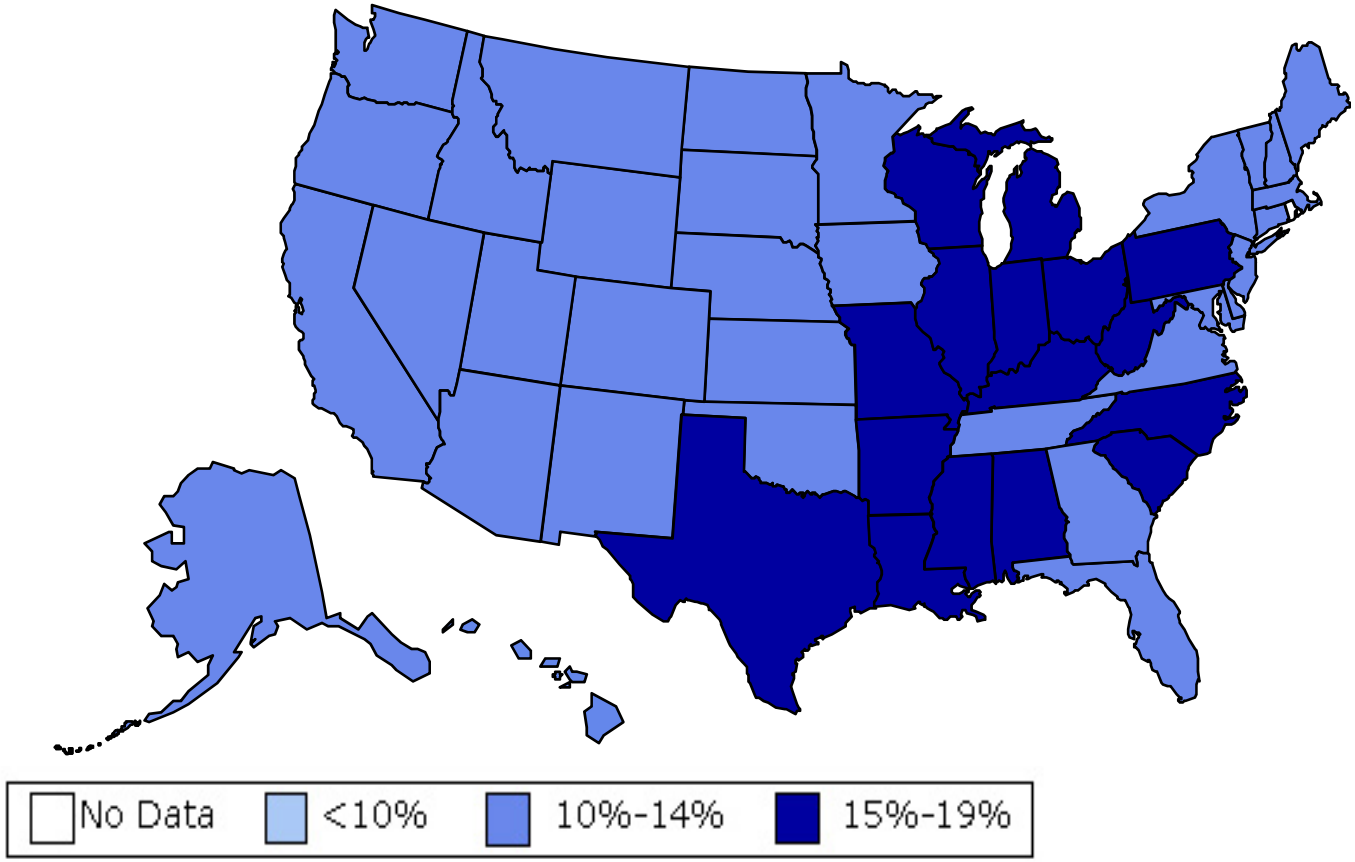
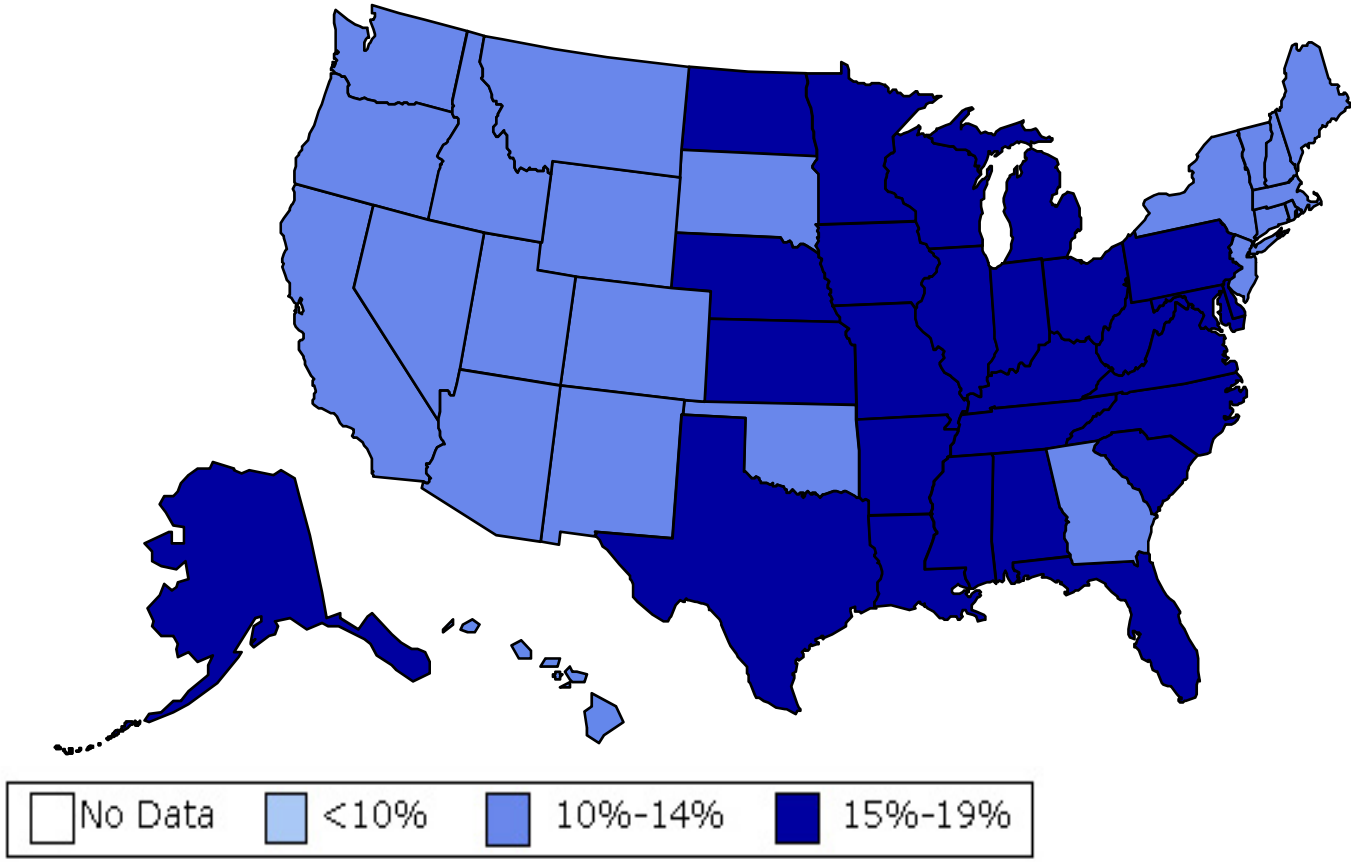


Obesity Trends* Among U.S. Adults

BRFSS, 1995



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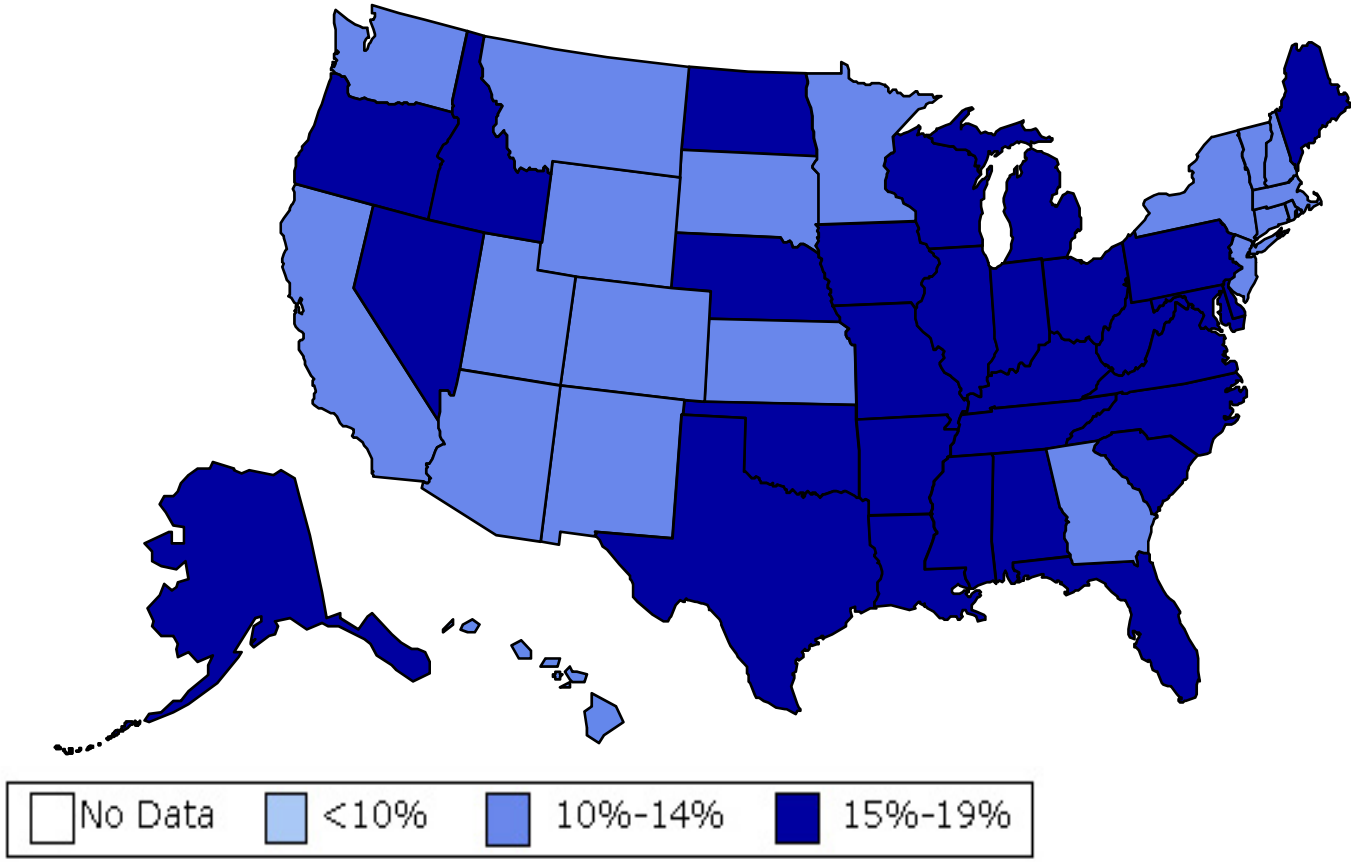
BRFSS, 1996