

# Addressing the Burden of Falls in Ohio: A Leadership Summit and A Call to Action

*Friday, September 23, 2011  
Council on Aging of Southwest Ohio  
175 Tri-County Parkway Suite 175  
Cincinnati*



**OHIO INJURY PREVENTION  
PARTNERSHIP**

*Older Adults Falls Prevention Coalition*

8:00 am – 8:30 am	Registration
8:30 am - 8:40 am	Welcome and Introductions
8:40 am – 9:00 am	“The Burden of Falls in Ohio” Lois Hall, MS, Executive Director, Ohio Public Health Association
9:00 am – 9:05 am	<i>Sharing her Story.....Pat Esswein</i>
9:05 am - 9:35 am	A COLLABORATIVE COMMUNITY-BASED STRATEGY FOR ADDRESSING AN ELDER HEALTHCARE ISSUE: Denise Franer, RN, <ul style="list-style-type: none"> <li>Coalition Development-Aging/Public Health/HealthCare/Long-Term Care/Housing/Transportation</li> </ul>
9:35 am - 9:45 am	Break
9:45 am - 10:00 am	“Ohio Older Adults Falls Prevention Action Plan as a State Priority”: Lois Hall, MS
10:00am – 10:20am	RESOURCES/FUNDING/SUSTAINABILITY: Susan Sutherland, MPH <ul style="list-style-type: none"> <li>Funding Streams (Local, State and Research)</li> <li>Resources (Local Partners, inventories of Resources, Active Living by Design, Smart Growth, Complete Streets, Training Sources, Pedestrian Safety Workshops)</li> </ul>
10:20am-10:30am	Break
10:30am-11:30am	INNOVATIONS AND INFORMATION TOOLKIT: PANEL <ul style="list-style-type: none"> <li>Conducting a Needs Assessment: TBA</li> <li>Evidence-Based Strength/Balance Training (MOB)-Marnie Renda, OT</li> <li>Falls Prevention at the University of Dayton-Kimberly Bigelow, PhD</li> <li>Linkages with Primary Care Providers and Changes Within the HealthCare System (falls risk assessments, Vision Screening, Medication Review, Referral to Strength and Balance, e-coding)-Kyle Herman, MBA, Miami Valley Hospital</li> <li>Home and Personal Health Fall Risk Assessment and Modification: Marnie Renda, OT</li> </ul>
11:30am-12:00pm	POLICY: Cameron McNamee, Injury Policy Specialist, ODH <ul style="list-style-type: none"> <li>OIPP Fall Prevention Policy Priorities</li> <li>Injury Prevention Policy and Advocacy Action Group/Injury Prevention Advocates Program</li> <li>An Overview of Pending Legislation, Awareness Campaigns, and Proclamations</li> </ul>
12:00pm-12:15pm	Wrap-up and evaluation

**The burden of falls is more extensive than many might imagine.**

Seniors who fall may be more likely to need emergency room services, may be more likely to require hospital admission, may be more likely to require long term care, may be more likely to acquire infections during that care and may be more likely to die as an outcome associated with that fall. The cost to families is also high as family members need to become caregivers for their elder family members and possibly to take time off work or school to meet the needs of their loved one.

This conference will provide the data you need to make the decisions in your community regarding older adult fall prevention, programming and policy implementation. In addition, you will learn how to do a community assessment regarding fall prevention services and referral networks and also how to begin looking for funding to support the needed public health intervention that will address this issue.

*Our Falls Prevention Summit objectives are to mobilizing available resources, programs, and interventions to build community capacity as a key strategy for providing older adults falls prevention action, and:*

- *To provide an opportunity to exchange knowledge, and ideas among all stakeholders in falls prevention;*
- *To provide current research findings related to falls prevention initiatives and fall risk assessment in the areas of acute care, long-term care, and community care;*
- *To identify and showcase current “best practices” and new innovative ideas in screening and delivery of fall risk and fall prevention; and,*
- *To inspire further development of fall prevention strategies and to encourage potential partnerships and collaboration to advance fall prevention in Ohio.*

**Registration is FREE - but Reservations are REQUIRED in order to provide sufficient materials for participants.** To register online:

**<http://www.ohiopa.org/tabs/events/eventdetails.aspx?EventId=584>**

To register via mail, complete:

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip: \_\_\_\_\_

e-mail address: \_\_\_\_\_

**Mail completed registration form to: OPHA, 110 A Northwoods Blvd, Columbus, Ohio 43235**

Questions? Contact: Lois Hall, P: 614-635-0207; [lhall@ohiopa.org](mailto:lhall@ohiopa.org)

Applying for 3.0 continuing education credits for Sanitarians.

**Funding for this conference is provided through a grant to the Delaware General Health District from the Ohio Department of Health and through their Preventive Health and Health Services Block Grant and Violence and Injury Program.**