

Addressing the Burden of Falls in Ohio: A Leadership Summit and A Call to Action

*THURSDAY, July 21, 2011
Delaware County Board of
Developmental Disabilities
7991 Columbus Pike (SR23),
Lewis Center, OH*



**OHIO INJURY PREVENTION
PARTNERSHIP**

Older Adults Falls Prevention Coalition

8:30 am – 9:00 am

Registration

9:00 am – 9:15am

Opening Ceremonies

Keynote Address: Christy Beeghly, MPH, Program Administrator, Violence and Injury Prevention, ODH, “The Burden of Falls in Ohio”

9:15am – 10:00am

POLICY: Cameron McNamee, Injury Policy Specialist, ODH
“Ohio Older Adults Falls Prevention Action Plan as a State Priority”

- State and Federal Model Policies/Standards
- Strategies to Approach Legislature
- Data Collection, Built Environment Legislation and Awareness Campaigns, Proclamations and Resolutions

10:00am-10:30am

A COLLABORATIVE COMMUNITY-BASED STRATEGY FOR ADDRESSING AN ELDER HEALTHCARE ISSUE: Susan Sutherland, MPH, and Lois Hall, MS

- Coalition Development-Aging/Public Health/HealthCare/Long-Term Care/Housing/Transportation
- Creating an Action Plan

10:30 am -11:15am

RESOURCES AND FUNDING: Department of Aging, and Local Health Departments

- Funding Streams (Local, State and Research)
- Resources (Local Partners, inventories of Resources, Active Living by Design, Smart Growth, Complete Streets, Training Sources, Pedestrian Safety Workshops)

11:15 am – 12:15 pm

INNOVATIONS AND INFORMATION TOOLKIT: Speaker to be Announced

- Conducting a Needs Assessment
- Evidence-Based Strength/Balance Training (Stepping On and Tai Chi)
- Linkages with Primary Care Providers and Changes Within the HealthCare System (falls risk assessments, Vision Screening, Medication Review, Referral to Strength and Balance)
- Home and Personal Health Fall Risk Assessment and Modification



The burden of falls is more extensive than many might imagine.

Seniors who fall may be more likely to need emergency room services, may be more likely to require hospital admission, may be more likely to require long term care, may be more likely to acquire infections during that care and may be more likely to die as an outcome associated with that fall. The cost to families is also high as family members need to become caregivers for their elder family members and possibly to take time off work or school to meet the needs of their loved one.

This conference will provide the data you need to make the decisions in your community regarding older adult fall prevention, programming and policy implementation. In addition, you will learn how to do a community assessment regarding fall prevention services and referral networks and also how to begin looking for funding to support the needed public health intervention that will address this issue.

Our Falls Prevention Summit objectives are to mobilizing available resources, programs, and interventions to build community capacity as a key strategy for providing older adults falls prevention action, and:

- *To provide an opportunity to exchange knowledge, and ideas among all stakeholders in falls prevention;*
- *To provide current research findings related to falls prevention initiatives and fall risk assessment in the areas of acute care, long-term care, and community care;*
- *To identify and showcase current ‘best practices’ and new innovative ideas in screening and delivery of fall risk and fall prevention; and,*
- *To inspire further development of fall prevention strategies and to encourage potential partnerships and collaboration to advance fall prevention in Ohio.*

Registration is FREE - but Reservations are REQUIRED in order to provide sufficient materials for participants. Go to <http://www.ohiopa.org/tabs/events/eventdetails.aspx?EventId=563> to register on line.

Name: _____

Agency: _____

Address: _____

City/Zip: _____

e-mail address: _____

Mail completed registration form to: OPHA, 110 A Northwoods Blvd, Columbus, Ohio 43235

Questions? Contact: Lois Hall, P: 614-635-0207; lhall@ohiopa.org

Applying for continuing education credit for Sanitaricians.

Funding for this conference is provided through a grant to the Delaware General Health District from the Ohio Department of Health and through their Preventive Health and Health Services Block Grant and Violence and Injury Program.