

# Addressing the Burden of Falls in Ohio: A Leadership Summit and A Call to Action

Wednesday, September 12, 2012  
Winebrenner Theological School,  
950 N. Main St., Findlay



**OHIO INJURY PREVENTION  
PARTNERSHIP**

*Older Adults Falls Prevention Coalition*

8:00 am – 8:30 am	Registration
8:30 am – 8:40 am	Welcome and Introductions
8:40 am – 9:00 am	<p><b>“The Burden of Falls in Ohio”</b> Lois Hall, MS, Executive Director, Ohio Public Health Association</p>
9:00 am – 9:30 am	<p><b>AN ELDER HEALTHCARE ISSUE: LONG-TERM CARE</b></p> <ul style="list-style-type: none"> <li>SUSAN MARSHALL, Ohio Association of Regional Long-Term Care Ombudsmen</li> </ul>
9:30 am – 9:40 am	Break
9:40 am – 10:00 am	<p><b>“Ohio Older Adults Falls Prevention Action Plan as a State Priority”</b></p> <ul style="list-style-type: none"> <li>Lois Hall, MS; and Susan Sutherland, MPH, Delaware General Health District</li> </ul>
10:00 am – 10:30 am	<p><b>Falls Risk Assessment</b></p> <ul style="list-style-type: none"> <li>Dr. Christian Wuescher, MD, Assistant Professor, University of Toledo Medical Center, Physical Medicine and Rehabilitation</li> </ul>
10:30 am – 10:40 am	Break
10:40 am – 11:45 am	<p><b>Falls Prevention Information Panel</b></p> <ul style="list-style-type: none"> <li>Evidence-Based Strength/Balance Training MOB and Tai Chi- Mitchell Briant, Delaware General Health District</li> <li>Linkages with Primary Care Providers and Changes Within the HealthCare System (falls risk assessments, Vision Screening, Medication Review, Referral to Strength and Balance): Deanna Montanaro, The University of Toledo Medical Center</li> <li>St. Rita’s Trauma Services-Fall Risk Assessments at St. Rita’s Hospital-Cindy Negel, MA, BSN, RNBC, Trauma Program Manager</li> <li>Round table discussion and networking</li> </ul>
11:45 am – 12:15 pm	<ul style="list-style-type: none"> <li>Falls Prevention at the University of Findlay-Rehab House Tour</li> </ul>
12:15 pm – 12:30 pm	Wrap up and Evaluation, a Call to Action

**The burden of falls is more extensive than many might imagine.**

Seniors who fall may be more likely to need emergency room services, may be more likely to require hospital admission, may be more likely to require long term care, may be more likely to acquire infections during that care and may be more likely to die as an outcome associated with that fall. The cost to families is also high as family members need to become caregivers for their elder family members and possibly to take time off work or school to meet the needs of their loved one.

This conference will provide the data you need to make the decisions in your community regarding older adult fall prevention, programming and policy implementation. In addition, you will learn how to do a community assessment regarding fall prevention services and referral networks and also how to begin looking for funding to support the needed public health intervention that will address this issue.

*Our Falls Prevention Summit objectives are to mobilizing available resources, programs, and interventions to build community capacity as a key strategy for providing older adults falls prevention action, and:*

- *To provide an opportunity to exchange knowledge, and ideas among all stakeholders in falls prevention;*
- *To provide current research findings related to falls prevention initiatives and fall risk assessment in the areas of acute care, long-term care, and community care;*
- *To identify and showcase current ‘best practices’ and new innovative ideas in screening and delivery of fall risk and fall prevention; and,*
- *To inspire further development of fall prevention strategies and to encourage potential partnerships and collaboration to advance fall prevention in Ohio.*

**Registration is FREE - but Reservations are REQUIRED in order to provide sufficient materials for participants.** To register online:

<http://www.ohiopa.org/tabs/events/eventdetails.aspx?EventId=787>

To register via mail, complete:

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip: \_\_\_\_\_

e-mail address: \_\_\_\_\_

**Mail completed registration form to: OPHA, 110 A Northwoods Blvd, Columbus, Ohio 43235**

Questions? Contact: Lois Hall, P: 614-635-0207; [lhall@ohiopa.org](mailto:lhall@ohiopa.org)

Applying for 3.0 continuing education credits for Sanitarians.

**Funding for this conference is provided through a grant to the Delaware General Health District from the Ohio Department of Health and through their Preventive Health and Health Services Block Grant and Violence and Injury Program.**