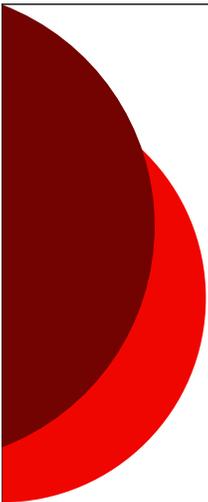
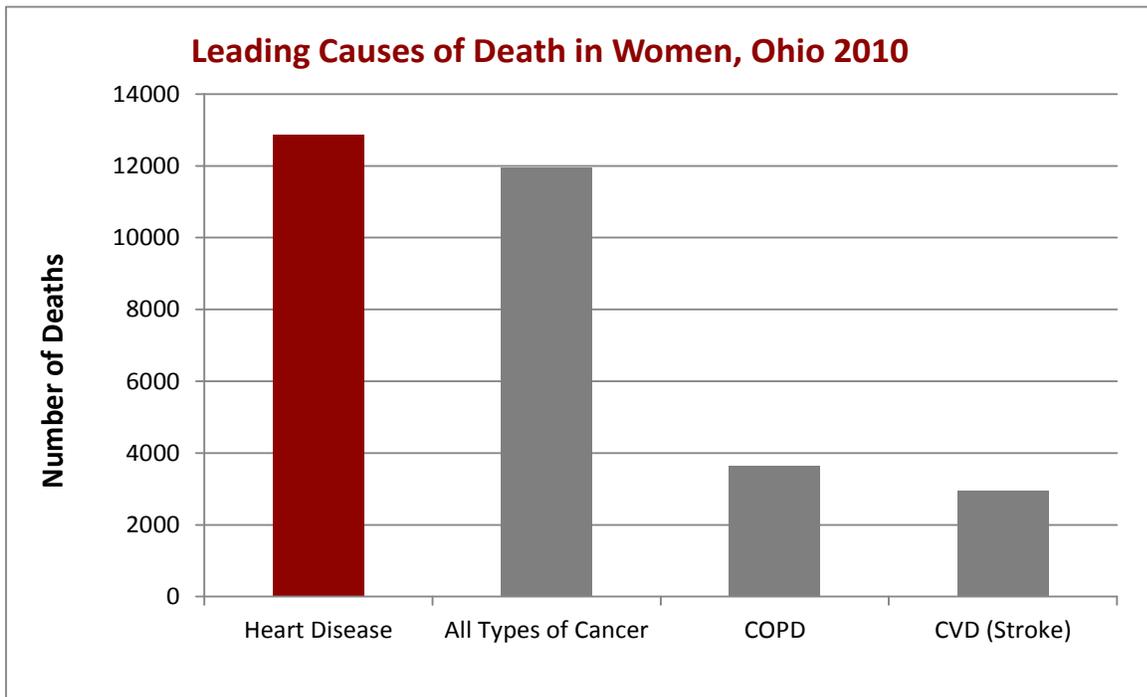


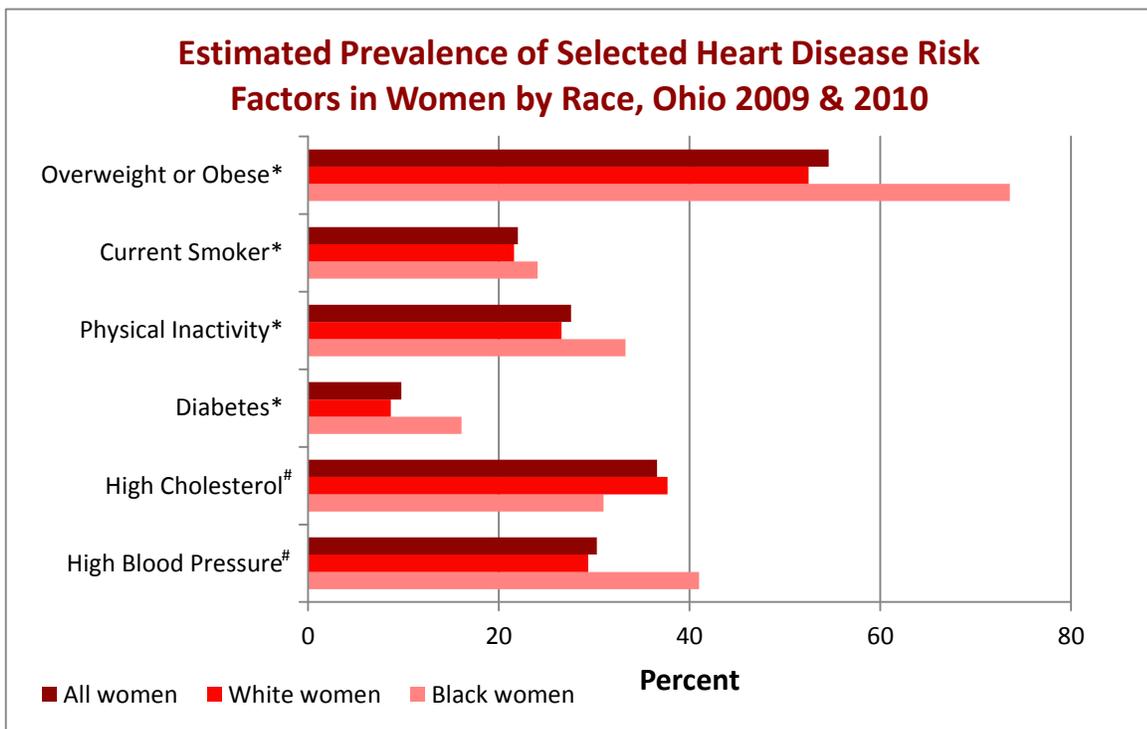
# Women & Heart Disease, 2009–2010



- In 2010 the leading cause of death for women in Ohio was heart disease. Over 12,800 Ohio women died from heart disease in 2010, accounting for nearly a quarter of all women’s deaths (23.1 percent).
- There are several modifiable risk factors associated with heart disease including overweight /obesity, smoking, physical inactivity and poor control of associated medical conditions (e.g. , diabetes, high cholesterol and high blood pressure).
- For nearly all of these selected risk factors, black women had a higher prevalence (percent) than their white peers, except for self-reported high cholesterol.



Source: Ohio Department of Health, Office of Vital Statistics, 2010.  
 COPD = Chronic Obstructive Pulmonary Disease  
 CVD = Cardiovascular Disease



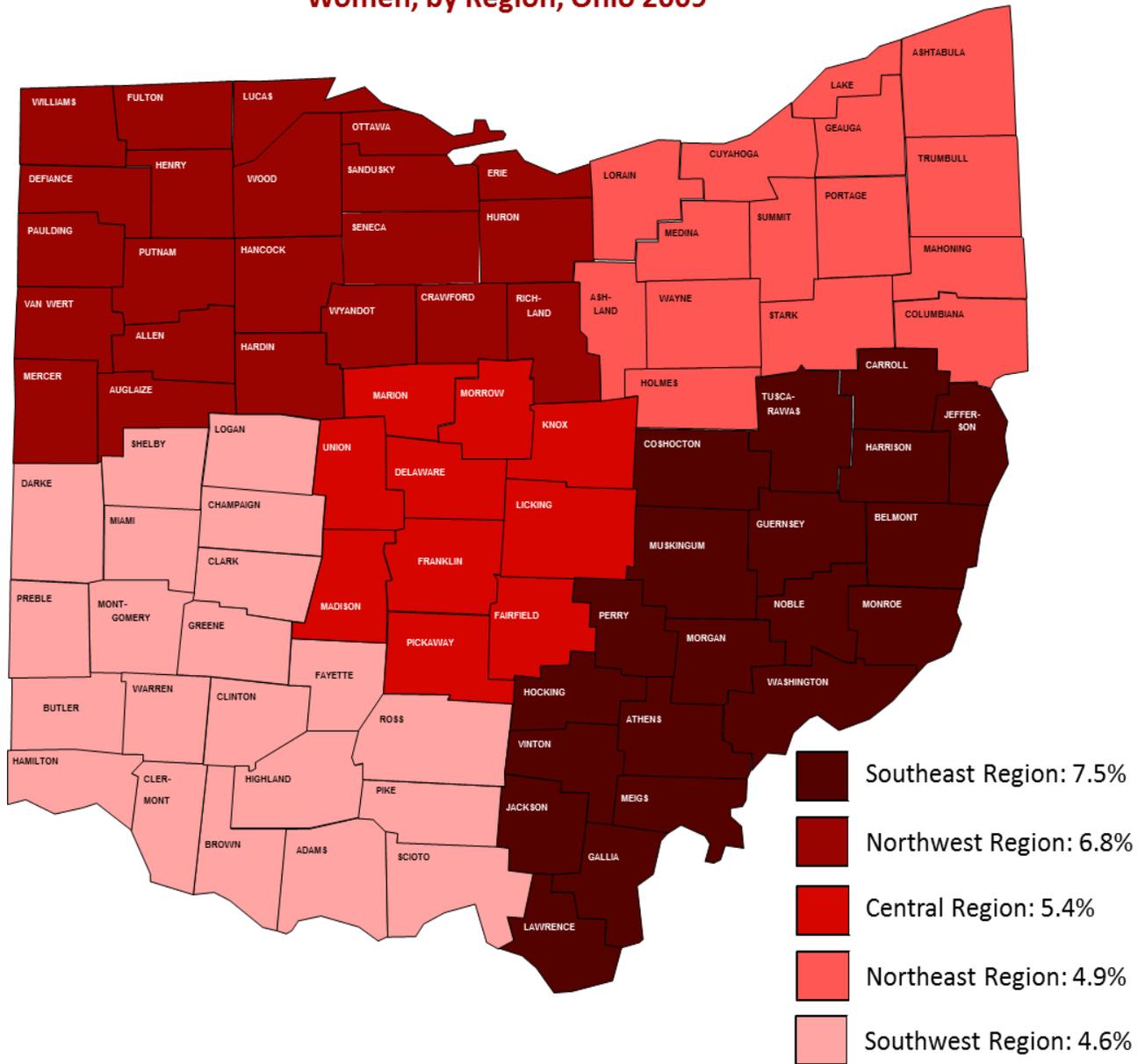
Source: Ohio Department of Health, Ohio Behavioral Risk Factor Surveillance System (BRFSS), 2009 & 2010.  
 \* Data from Ohio BRFSS, 2010.  
 # Data from Ohio BRFSS, 2009.



# OHIO HEART DISEASE AND STROKE PREVENTION PROGRAM

Ohio's Behavioral Risk Factor Surveillance System (BRFSS) measures self-reported prevalence of heart attacks and coronary heart disease, both specific types of heart disease. The map below presents the percentage of Ohio women in 2009 who reported that they had either had a heart attack or had been diagnosed with coronary heart disease. The highest prevalence of heart attack and coronary heart disease in Ohio women was found in the southeast region (7.5 percent); however, differences in prevalence estimates by region were not found to be statistically significant.

**Estimated Prevalence of Heart Attacks and Coronary Heart Disease in Women, by Region, Ohio 2009**



Source: Ohio Department of Health, Ohio Behavioral Risk Factor Surveillance System, 2009.

