



Healthy Ohio *Breastfeeding Friendly* Awards

2014 Application

Purpose of Healthy Ohio Breastfeeding Friendly Award

The state of Ohio is committed to promoting and protecting a mother's right to breastfeed her child for as long as she chooses, whether or not she returns to work. Doctors recommend exclusive breastfeeding for the first 6 months after birth for the optimal health of a mother and her child. The Patient Protection and Affordable Care Act (P.L. 111-148) requires employers to provide "a reasonable break time for an employee to express breast milk for up to 1 year after the child's birth" and "a place, other than a bathroom, that is shielded from view and free from intrusion from coworkers and the public, which may be used by nursing employees". The Surgeon General calls for "a society-wide approach to support mothers and babies who are breastfeeding". OH Rev. Code 3781.55 Breastfeeding in places of public accommodation entitles "a mother to breastfeed her baby in any location of a place of public accommodation wherein the mother otherwise is permitted".

This award program has two distinct awards. **Part 1** recognizes breastfeeding friendly **employers** that support their employees by "establishing and maintaining comprehensive, high-quality lactation support programs for their employees and working toward establishing paid maternity leave for all employed mothers". **Part 2** recognizes breastfeeding friendly **businesses** that create a supportive environment for their clients or customers who wish to breastfeed onsite. If you feel you provide an exemplary employee lactation support program and environment for customers, the Ohio Department of Health (ODH) would like to acknowledge your efforts so please apply for both parts of the award. **Part 3** of the application provides all applicants with an opportunity to describe any additional ways breastfeeding is supported at your business or worksite as well as to identify any technical assistance needs that you may have.

ODH would like to recognize the assistance of the Ohio Lactation Consultant Association and other breastfeeding advocates around the state in developing this award.

Eligibility

All employers and businesses, regardless of size, public, private, for-profit or non-profit are encouraged to apply for the Healthy Ohio Breastfeeding Friendly Awards

Application Judging

All applications must be received by **July 11, 2014**. Applications will be reviewed and evaluated by a selection committee comprised of staff members of ODH.

Levels of Achievement

Employer Award - Three levels of achievement will be awarded provided that the minimum requirements are met; Gold, Silver and Bronze.

Business Award – The award will be achieved by meeting at least the minimum requirements on the application.

How are Healthy Ohio Breastfeeding Friendly Award Winners Recognized?

The Healthy Ohio Breastfeeding Friendly Awards will be presented during August, Ohio Breastfeeding Awareness Month. Employer award winners will receive a plaque and Business award winners will receive a congratulatory certificate and a window cling. All award winners will be recognized locally through press releases to area media.

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Awards

How to Apply

Complete this self-assessment application and mail, Fax or email a copy to:

Linda Scovern, MPH, RD, LD, PAPHS
Ohio Department of Health
246 North High Street, 8th Floor
Columbus, Ohio 43215
Linda.Scovern@odh.ohio.gov Fax: 614-564-2409

Name of Employer _____

Address _____

Name of Contact Person _____

Work Phone _____ Fax _____ E-mail _____

Please choose the option below that best defines your worksite:

- Wholesale/Retail Manufacturing/Construction Hospitality/Restaurant Schools Transportation
 Hospitals/Health Care Facilities Finance/Insurance Services Administrative Services Other _____

If selected as a Healthy Ohio Breastfeeding Friendly Award winner, would you be willing to serve as a resource for other employers? Yes No

If selected as a Healthy Ohio Breastfeeding Friendly Award winner, would you be willing to be highlighted on the Healthy Ohio Website? Yes No

Part 1: Breastfeeding Friendly Employer

Number of Employees _____

Approximately what percent of your employees are women between the ages of 15 and 44? _____

How long has your worksite lactation support program been in place?

- We are just getting started Between 1 and 2 years 3-4 years Longer than 4 years

Breastfeeding Program

1. Minimum Requirements (Must have all in place)

- We offer schedule flexibility. We allow employees to schedule breaks and work patterns to provide time to breastfeed their babies or to pump breastmilk during the workday.
 We do not offer free or reduced price formula to employees or their family members.

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2. Recommended Supports (Check all that are in place)

- We have a written policy outlining organizational support for breastfeeding employees
(Please mail, Fax or email a copy of your written policy with application)
- We distribute and make available our written breastfeeding support policy to all employees.
- Our breastfeeding support policy has a provision to allow employees to bring breastfed babies to work.

Breastfeeding Facilities

3. Minimum Requirement (Must have at least one in place)

We provide employees with either:

- A designated breastfeeding/pumping room (or rooms).
- An accessible, clean, private, and safe space other than a toilet stall where they can pump breastmilk.

4. Recommended Supports (Check all that are in place)

We provide employees with:

- A functioning sink in proximity to the pumping space where they can clean pumping equipment.
- A refrigerator for milk storage.
- An electrical outlet.
- A comfortable chair for pumping or nursing.

Breastfeeding Resources

5. Recommended Supports (Check all that are in place)

- We promote the benefits of breastfeeding to all employees (e.g., recognition of Ohio Breastfeeding Awareness Month).
- We provide a hospital-grade electric breast pump for breastfeeding employees to use while at work.
- We purchase personal electric breast pumps for breastfeeding employees.
- We purchase pump kits for breastfeeding employees.
- We provide childcare that accommodates breastfeeding employees.
- We refer employees to community breastfeeding resources such as WIC, La Leche League, or Breastfeeding Coalitions.
- We provide breastfeeding education materials to employees (e.g., books, pamphlets, or websites).

Breastfeeding Insurance Benefits

6. Minimum Supports (Check all that are in place)

Our health insurance plan provides coverage for:

- Breastfeeding services (e.g., lactation consultant services).
- Breastfeeding equipment (e.g., pumps, pump kits).

Part 2: Breastfeeding Friendly Business

1. Minimum Requirements (Must have all in place)

- Breastfeeding mothers are always welcome. They are never treated poorly, asked to leave, cover up or move.
- We have a written breastfeeding policy which addresses working with breastfeeding customers and clients.
(Please mail, Fax or email a copy of your written policy with application)
- Our employees are trained on implementing the breastfeeding policy.

2. Recommended Supports (Check all that are in place)

- We provide clients or customers with an accessible, clean, private, and safe space other than a toilet stall where they can pump breastmilk or nurse their baby.
- Our staff members are educated on rights and needs of breastfeeding women.
- We display print materials on breastfeeding promotion and local breastfeeding resources.

Part 3: Other Means of Support and Technical Assistance

Please describe any other additional ways you support breastfeeding employees or customers and clients:

Technical Assistance

What can we do to help you further accommodate breastfeeding at your worksite/business?

If you are interested in additional lactation program resources please visit www.Healthy.Ohio.gov

For immediate questions please contact:

Linda Scovern, MPH, RD, LD, PAPHS

614-728-2722

Linda.Scovern@odh.ohio.gov

