

A Call to Action

The Chronic Disease plan cannot be implemented by only a few organizations or agencies. Its success will be measured by the collective efforts of many partners in multiple sectors working together to help reach the plan's long-term outcomes.

How can you use the plan?

The plan can be used to identify the evidence-based objectives that best fit your community's specific needs and to align with the larger statewide effort. The objectives are meant to reach into many sectors—communities, schools and universities, healthcare systems, worksites, governments—local, regional and state funders, and all of Ohio. The following questions and suggestions can help guide use of this plan:

For Communities

- Your community-based prevention coalitions can use the plan to identify the objectives and strategies that best fit the group's mission.
- Use the plan to guide your community's health improvement plan and prioritize objectives that will best meet the needs identified in community health assessments.
- If your community doesn't have a prevention coalition, contact your local public health department or the Ohio Department of Health to learn about opportunities to start one.

For Schools and Universities

- Your school's wellness committee can use the plan to prioritize objectives to align with other community and state prevention activities.
- Engage your community's prevention coalition as a partner in implementing the plan.
- If your school does not have an active wellness committee or coalition, how can you engage students, faculty, staff and parents to become members?

For Healthcare Systems

- Partner with your local public health department to identify communities at risk and discuss how to use the plan to integrate clinical care with population-based prevention.
- As a healthcare provider, are you taking advantage of the evidence-based population health strategies in the plan to improve your patients' overall health and wellness and prevent future disease and disability?
- Partner with local public health and community prevention coalitions to do a community needs assessment and use the plan to develop a community health improvement plan.

For Worksites

- Join the Healthy Ohio Business Council and make winning a Healthy Ohio Healthy Worksite Award one of your goals.
- Partner with your community prevention coalition to become engaged in other community efforts to prevent and reduce the burden of chronic disease.
- If your worksite has a successful worksite wellness program, are you mentoring other employers and business associates to join in similar efforts?

For Governments

- How can you ensure government agency employees work in healthy and safe environments and support the objectives in the plan?
- Is your government agency a member of local and state prevention coalitions implementing strategies in the plan?
- How can you leverage public health efforts and funding to ensure public policies and decisions positively impact health?

For Funders

- How does the plan fit into your organization's or agency's strategic plan?
- Are there other local or regional funders that you can partner with to maximize funding, impact and reach?
- Align your funding with programs, strategies and activities within the plan.
- Use the plan to help strengthen other efforts to address the social determinants of health.

For Individuals

- Spread the word in your households, schools, worksites, communities and faith-based organizations that everyone deserves opportunities to make healthy choices.
- Become active in your local school wellness council, prevention coalition or other group working to improve health in the community.
- Eat healthy foods, be physically active every day, and quit or never use tobacco products.
- Get recommended cancer screenings.
- Know your blood pressure and cholesterol numbers and work with your healthcare provider to keep them controlled.

How can your organization or agency get involved?

Get with the plan! Join the Chronic Disease Collaborative. For more information about the Chronic Disease Plan and the Chronic Disease Collaborative, go to www.healthy.ohio.gov/CDPlan.