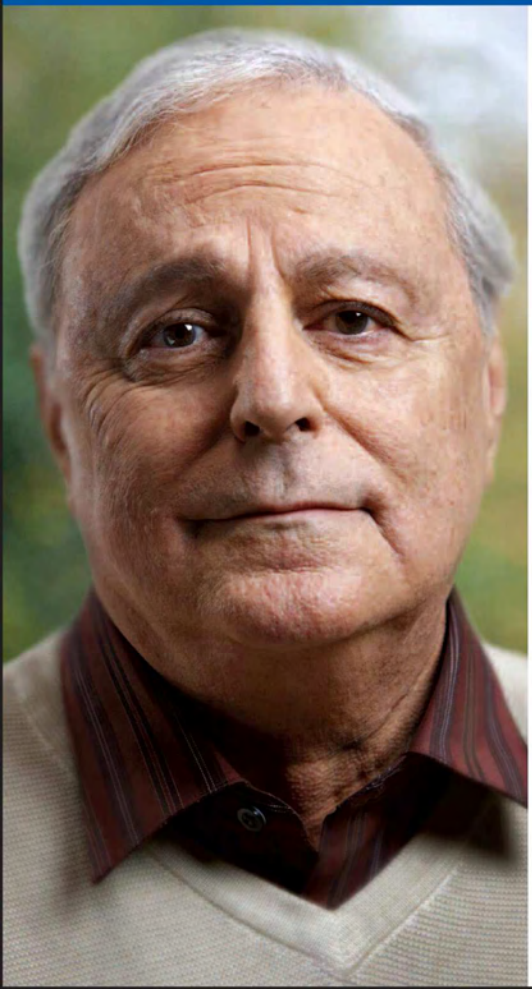
Reduce your risk for COLON CANCER



Reduce your risk

of getting the second leading cause of cancer death by eating right, maintaining an appropriate body weight, limiting consumption of alcohol and high-fat foods, and becoming more physically active.

And of course, don't forget to get tested for colon cancer. Ask your doctor or contact the American Cancer Society at **1.800.ACS.2345 or visit www.cancer.org.** for more information.

American Cancer Society®