



Tobacco Use Prevention and Cessation Program Material Order Form



“We Quit” Poster

Available in 11 x 17
and 22 x 28



**Ohio Tobacco
Quitline
Brochure**

Available in
packages of 100



“Traditions” Poster

Available in 11 x 17
and 22 x 28

**Ohio Tobacco
Quit Line**

**Fax Referral
Form**

Tear pad with 25
pages each



“Quit Now” Poster

Available in 11 x 17
and 22 x 28



“Quit Now” Lapel Pin

Dimension: 2” square

Please choose the statement that best describes your smoking status:

- A. I have never smoked or have smoked less than 100 cigarettes in my lifetime.
- B. I stopped smoking before I found out I was pregnant and I am not smoking now.
- C. I stopped smoking after I found out I was pregnant and I am not smoking now.
- D. I smoke some now, but I have cut down on the number of cigarettes I smoke since I found out I was pregnant.
- E. I smoke regularly now, about the same as before I found out I was pregnant.

PHARMACOLOGIC PRODUCT GUIDE: FDA-APPROVED MEDICATIONS FOR SMOKING CESSATION

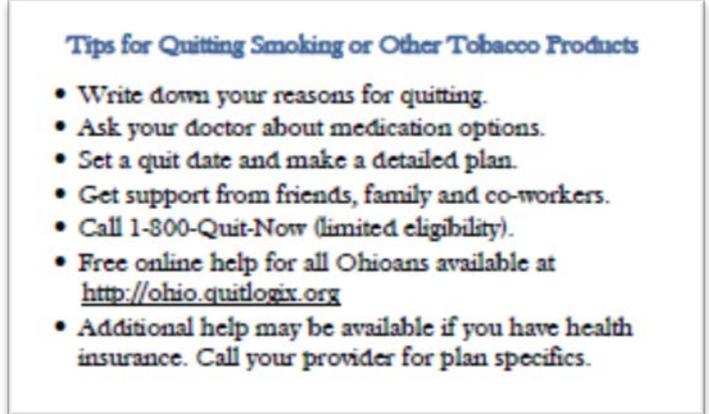
	CHW	LOZENGES	TRANSDERMAL PATCH	NEURAL SPRAY	ORAL DISKLET	BUPROPION SR	VARENICLINE
RECENT	<p>Nicorette®/Generic 2 mg 4 mg Oral, transdermal, buccal, nasal, inhaled</p> <ul style="list-style-type: none"> • Patient (< 2 weeks) myocardial infarction • Serious underlying arrhythmias • Serious or worsening angina pectoris • Pregnancy and breastfeeding • Adolescents (>18 years) 	<p>Nicorette®/Generic Nicorette Mini Lozenge® Generic 2 mg, 4 mg Oral, buccal</p> <ul style="list-style-type: none"> • Patient (< 2 weeks) myocardial infarction • Serious underlying arrhythmias • Serious or worsening angina pectoris • Pregnancy and breastfeeding • Adolescents (>18 years) 	<p>Nicoderm CQ®/Generic CQ (nicotine) CQ, generic 7 mg, 14 mg, 21 mg (24-hour release)</p> <ul style="list-style-type: none"> • Patient (< 2 weeks) myocardial infarction • Serious underlying arrhythmias • Serious or worsening angina pectoris • Pregnancy and breastfeeding • Adolescents (>18 years) 	<p>Nicorette NSP® Oral Nasal spray 0.5 mg nicotine in 50 mL, 100 mg nicotine in 100 mL Nasal, buccal, inhaled, sublingual</p> <ul style="list-style-type: none"> • Patient (< 2 weeks) myocardial infarction • Serious underlying arrhythmias • Serious or worsening angina pectoris • Pregnancy and breastfeeding • Adolescents (>18 years) 	<p>Nicorette Inhaler® Oral 12 mg nicotine Inhaled, 4 mg nicotine nicotine vapor</p> <ul style="list-style-type: none"> • Patient (< 2 weeks) myocardial infarction • Serious underlying arrhythmias • Serious or worsening angina pectoris • Pregnancy and breastfeeding • Adolescents (>18 years) 	<p>Zyban®/Generic 75 150 mg sustained-release tablet</p> <ul style="list-style-type: none"> • Concomitant therapy with antidepressants or mood stabilizers (has been the subject of clinical trials) • Severe hepatic cirrhosis • Pregnancy (category C) and breastfeeding • Adolescents (>18 years) 	<p>Chantrel® 1.5 0.5 mg, 1 mg tablet</p> <ul style="list-style-type: none"> • Leave some cigarettes (nicotine dependence is necessary) • Pregnancy (category C) and breastfeeding • Adolescents (>18 years)
PREVIOUS						<ul style="list-style-type: none"> • Concomitant therapy with antidepressants or mood stabilizers (has been the subject of clinical trials) • Severe hepatic cirrhosis • Pregnancy (category C) and breastfeeding • Adolescents (>18 years) 	<ul style="list-style-type: none"> • Leave some cigarettes (nicotine dependence is necessary) • Pregnancy (category C) and breastfeeding • Adolescents (>18 years)
OTHER	<p>19 cigarettes (20 minutes after waking) 4 mg 19 cigarettes (10 minutes after waking) 2 mg</p> <p>Weeks 1-6 3 mg q 1-2 hours Weeks 7-8 3 mg q 2-4 hours Weeks 9-12 3 mg q 4-8 hours</p> <ul style="list-style-type: none"> • Nicotine, 24 transdermal • Chew each piece slowly • Do not inhale smoke and gum when popping or sucking (inhalation reported 1-15% only) • Rinse mouth after single doses • Repeat cigarette after 20 min and avoid other nicotine in same single dose until nicotine cleared (20 min) • Peak at different times of mouth • No food or beverages 15 minutes before or during use • Duration: up to 12 weeks 	<p>19 cigarettes (20 minutes after waking) 4 mg 19 cigarettes (10 minutes after waking) 2 mg</p> <p>Weeks 1-6 3 mg q 1-2 hours Weeks 7-8 3 mg q 2-4 hours Weeks 9-12 3 mg q 4-8 hours</p> <ul style="list-style-type: none"> • Nicotine, 24 transdermal • Chew each piece slowly (20-30 minutes for extended 15 minutes for 10 min) • Do not inhale smoke and gum when popping or sucking (inhalation reported 1-15% only) • Rinse mouth after single doses • Repeat cigarette after 20 min and avoid other nicotine in same single dose until nicotine cleared (20 min) • Peak at different times of mouth • No food or beverages 15 minutes before or during use • Duration: up to 12 weeks 	<p>1-20 cigarettes (20 minutes after waking) 2 mg 20 cigarettes (4 weeks) (generic) 2 mg 2 mg (nicotine) CQ</p> <p>Weeks 1-6 14 mg q 1-2 hours Weeks 7-8 14 mg q 2-4 hours Weeks 9-12 14 mg q 4-8 hours</p> <ul style="list-style-type: none"> • Nicotine, 24 transdermal • Chew each piece slowly (20-30 minutes for extended 15 minutes for 10 min) • Do not inhale smoke and gum when popping or sucking (inhalation reported 1-15% only) • Rinse mouth after single doses • Repeat cigarette after 20 min and avoid other nicotine in same single dose until nicotine cleared (20 min) • Peak at different times of mouth • No food or beverages 15 minutes before or during use • Duration: up to 12 weeks 	<p>1-20 cigarettes (20 minutes after waking) 2 mg 20 cigarettes (4 weeks) (generic) 2 mg 2 mg (nicotine) CQ</p> <ul style="list-style-type: none"> • Nicotine, 24 transdermal • Chew each piece slowly (20-30 minutes for extended 15 minutes for 10 min) • Do not inhale smoke and gum when popping or sucking (inhalation reported 1-15% only) • Rinse mouth after single doses • Repeat cigarette after 20 min and avoid other nicotine in same single dose until nicotine cleared (20 min) • Peak at different times of mouth • No food or beverages 15 minutes before or during use • Duration: up to 12 weeks 	<p>1-20 cigarettes (20 minutes after waking) 2 mg 20 cigarettes (4 weeks) (generic) 2 mg 2 mg (nicotine) CQ</p> <ul style="list-style-type: none"> • Nicotine, 24 transdermal • Chew each piece slowly (20-30 minutes for extended 15 minutes for 10 min) • Do not inhale smoke and gum when popping or sucking (inhalation reported 1-15% only) • Rinse mouth after single doses • Repeat cigarette after 20 min and avoid other nicotine in same single dose until nicotine cleared (20 min) • Peak at different times of mouth • No food or beverages 15 minutes before or during use • Duration: up to 12 weeks 	<p>150 mg q 6 AM x 2 days, then 150 mg bid</p> <ul style="list-style-type: none"> • Do not exceed 300 mg daily • Begin therapy 1-2 weeks prior to quit date • Avoid bedtime dosing in nicotine smokers • Dose tapering is not necessary • Can be used safely with HTT • Duration: 1-12 weeks, up to maintenance up to 18 months in selected patients 	<p>Step 1-3 0.5 mg po bid Step 4-5 1 mg po bid</p> <ul style="list-style-type: none"> • Begin therapy 1 week prior to quit date; alternatively, the patient can begin therapy and then taper starting between days 5-10 of treatment • Take each after eating and with a glass of water • Dose tapering is not necessary • Dosing adjustment is necessary for patients with severe renal impairment • Duration: 12 weeks, or additional 12 week course may be used in selected patients

5 A's Provider Pocket Card (Indicate prenatal or general populations)

Bi-fold with screening question on front, 5 A's information on inside and referral resources on back.

Pharmacotherapy Product Guide

Letter size printed on card stock paper.



Ohio Tobacco Quit Line Business Card

Two-sided (both sides shown above) on hard plastic card.

All materials are free of charge.

Please email request, including mailing address and quantity desired, to: tobaccoprevention@odh.ohio.gov