



# PUMP UP YOUR WORKFORCE: Innovative Strategies to Encourage Physical Activity

**FREE WEBINAR**

**Wednesday  
October 26  
2:00-3:15 p.m.**



**What can human resources professionals do to encourage employees to be more physically active?**

Your workplace depends on employees who are healthy and productive. Physical activity is linked to many workplace benefits, such as lower healthcare costs and increased productivity. This one-hour webinar explores innovative strategies for encouraging employees to be more physically active on the way to work and throughout the workday.

**REGISTER HERE**  
<http://bit.ly/2cd9lJq>

This program has been submitted to the HR Certification Institute for review.



These workshops are funded through the Ohio Department of Health's Creating Healthy Communities and Communities Preventing Chronic Disease grants with a goal of increasing access to safe affordable opportunities for physical activity.

